

## *Family & Consumer Science Courses*

Video about Family and Consumer Science: [https://www.youtube.com/watch?v=EI\\_CWJhOARE](https://www.youtube.com/watch?v=EI_CWJhOARE)

- After reading the articles/viewing the videos, ask yourself...
  - What new concepts did I learn from the video/article?
  - What previous knowledge do I have that connects with the information in the article/video?
  - What questions do I have after reading/viewing the materials?

### Parents and Children, Child care I-Child Development, Child care II – ACCT

- Brain Development: [http://main.zerotothree.org/site/PageServer?pagename=ter\\_key\\_brainFAQ](http://main.zerotothree.org/site/PageServer?pagename=ter_key_brainFAQ)
- Healthy Eating for Children: <http://www.webmd.com/parenting/tc/healthy-eating-in-children-factors-that-influence-food-choices-topic>
- Early Milestones: <https://www.cdc.gov/ncbddd/actearly/milestones/index.html>

### Human Relations, Parents and Children

- Healthy relationships: <https://www.psychologytoday.com/blog/notes-self/201310/8-keys-healthy-relationships>
- Tips on teen life and making it easier: <https://www.verywellfamily.com/teen-life-4157356>
- Relationship violence: [http://www.safehorizon.org/page/domestic-violence-statistics--facts-52.html?gclid=Cj0KEQjwjIy5BRCIh8m\\_9Zu64d8BEiQAAtZsQf4TDgAk3c0gBlYn7mMDWY3NkLH63b\\_jW10jBvGgjUzMaAr3C8P8HAQ](http://www.safehorizon.org/page/domestic-violence-statistics--facts-52.html?gclid=Cj0KEQjwjIy5BRCIh8m_9Zu64d8BEiQAAtZsQf4TDgAk3c0gBlYn7mMDWY3NkLH63b_jW10jBvGgjUzMaAr3C8P8HAQ)
- Conflict resolution: [http://www.huffingtonpost.com/rory-vaden/conflict-resolution\\_b\\_1474742.html](http://www.huffingtonpost.com/rory-vaden/conflict-resolution_b_1474742.html)
- Is this Abuse?: <https://www.thehotline.org/is-this-abuse/>

### Intro to Foods, Creative Foods, Advanced Creative Foods:

- Healthy Eating: <http://www.helpguide.org/articles/healthy-eating/healthy-eating.htm>
- Influences of food choices: <https://www.webmd.com/children/kids-healthy-eating-habits#1>
- Trends in Foods service: <https://www.youtube.com/watch?v=PcJlZX9Q8YE>
- Kitchen Math and Equivalents: <http://www.infoplease.com/ipa/A0001723.html>
- My Plate, explore what they have to offer: <http://www.choosemyplate.gov/>

### Fashion and Fabrics

- History of fashion: [http://www.lifescrpt.com/well-being/articles/t/the\\_brief\\_history\\_of\\_fashion\\_trends.aspx](http://www.lifescrpt.com/well-being/articles/t/the_brief_history_of_fashion_trends.aspx)
- Sewing Equipment: <http://www.sew4home.com/tips-resources/buying-guide/basic-sewing-tools-what-you-need-get-started-what-you-want-move-forward>
- Sewing Machine Basics: <https://www.youtube.com/watch?v=OaUiiepgoYYI>
- Using a Pattern: <https://www.youtube.com/watch?v=w3kew4KqMfI>