



## Course Outcome Summary

### Course Information: **Beginning Fashion and Fabrics**

**Description:** Do you like being creative and following fashion? Would you like to learn how to sew and make your own items? If so, then you will enjoy this course. We will explore how to hand sew: buttons, different stitches, felt monsters, and hems. We will then move into sewing terminology that relates to the sewing machine, patterns, and fabrics. Students will take what they have learned about sewing and make pillowcases, hats, mittens, aprons, robes, pajama pants, handbags, and possibly a quillow (blanket that folds into a pillow). There is also the opportunity to make items as community service projects, like bibs and burp rags to donate to hospitals, or hats and mittens to those in need. A sewing kit (\$5-\$10) and all project materials will need to be purchased by the student as these items become yours once you complete it and have it graded. Total semester expenditures for this course are approximately \$75-\$100.

**Instruction Level:** 9-12

**Total Credits:** 1 Credit

**Prerequisites:** None

### Common Career and Technical Core Standards:

- Communicate and collaborate with others to accomplish tasks and develop solutions to problems and opportunities.
- Identify and apply employability skills.
- Assess benefits and challenges of working in diverse settings and on diverse teams.
- Apply leadership skills in real-world, family, community and business and industry applications.

### Family and Consumer Sciences Standards:

- Apply appropriate terminology for identifying, comparing and analyzing the most common generic textile fibers
- Analyze effects of textile characteristics on design, construction, care, use and maintenance of products
- Explain the ways in which fiber, fabric, texture, pattern, and finish can affect visual appearance
- Apply basic and complex color schemes and color theory to develop and enhance visual effects
- Demonstrate skill for using equipment by constructing a single item in a class project
- Identify equipment and terminology used in fashion and apparel construction

## College and Career Readiness Standards:

- Comprehend the concept of length on the number line, and find the distance between two points
- Perform common conversions of money and of length, weight, mass, and time within a measurement system (e.g., dollars to dimes, inches to feet, and hours to minutes)
- Read basic tables and charts
- Extract relevant data from a basic table or chart and use the data in a computation
- Determine relevance of material in terms of the focus of the paragraph
- Identify the purpose of a word or phrase when the purpose is straightforward (e.g., describing a person, giving examples)
- Identify clear cause-effect relationships in more challenging passages

## Unit

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1. Hand sewing
2. Machine and tool identification and safety
3. Beginning sewing projects
4. Hats and mittens
5. Aprons and stuffed animal
6. Robe and Pajamas
7. Hand bag and Quillow

## Unit Outlines

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### 1. Hand sewing Standards:

- Demonstrate skill for using equipment by constructing a single item in a class project
- Identify equipment and terminology used in fashion and apparel construction

### Essential Question:

- Students will be able to answer the question:
  - What steps are needed to create a hand sewn project?

### Essential Knowledge:

- Learning the different hand stitches
  - Whip stitch, blind stitch, basting stitch, running stitch, back stitch, Hem stitch
- Sewing on buttons
- Felt monsters
  - Design a monster and use 2-3 hand stitches to complete the monster

## 2. Machine and tool identification and safety

### Standards:

- Analyze effects of textile characteristics on design, construction, care, use and maintenance of products
- Demonstrate skill for using equipment by constructing a single item in a class project
- Identify equipment and terminology used in fashion and apparel construction

### Essential Question:

- Students will be able to answer the question:
  - Why it is important to know sewing safety?

### Essential Knowledge:

- Learn the parts of a sewing machine
- Learn about the tools you will use when machine sewing
  - Seam rippers, different types of scissors, bobbins, marking pens, chalk, tape measures, cutting mats, rotary cutters, etc
- Learn how to use a rotary cutter with the ruler and mats
- Learn how to use an iron
  - Iron vs pressing
- Beginning using the machine by sewing with paper to practice how to turn corners and vary speed.

## 3. Beginning sewing projects

### Standards:

- Demonstrate skill for using equipment by constructing a single item in a class project
- Identify equipment and terminology used in fashion and apparel construction
- Apply appropriate terminology for identifying, comparing and analyzing the most common generic textile fibers

### Essential Question:

- Students will be able to answer:
  - How does following a set of directions impacts the outcome of their project?

### Essential Knowledge:

- Following a set of instructions on a single piece of fabric
- Create a design for a pillow and apply sewing techniques

## 4. Hats and Mittens

### Standards:

- Demonstrate skill for using equipment by constructing a single item in a class project
- Identify equipment and terminology used in fashion and apparel construction
- Apply appropriate terminology for identifying, comparing and analyzing the most common generic textile fibers

**Essential Question:**

- Students will be able to answer:
  - How does following a set of directions impacts the outcome of their project as projects get more complex?

**Essential Knowledge:**

- Follow a pattern and cut out on appropriate fabric.
- Follow detailed instructions when sewing.

**5. Apron and Stuffed animals****Standards:**

- Demonstrate skill for using equipment by constructing a single item in a class project
- Identify equipment and terminology used in fashion and apparel construction
- Apply appropriate terminology for identifying, comparing and analyzing the most common generic textile fibers

**Essential Question:**

- Students will be able to answer:
  - How does following a set of directions impacts the outcome of their project?

**Essential Knowledge:**

- Read and understand directions to lay out a pattern on appropriate fabric.
- Cut, assemble and sew a project.

**6. Robes and Pajamas:****Standards:**

- Demonstrate skill for using equipment by constructing a single item in a class project
- Identify equipment and terminology used in fashion and apparel construction
- Apply appropriate terminology for identifying, comparing and analyzing the most common generic textile fibers

**Essential Question:**

- Students will be able to answer:
  - How does following a set of directions impacts the outcome of their project?

**Essential Knowledge:**

- Select appropriate fabrics for different projects
- Understand pattern directions and apply them when cutting out pieces
- Follow sewing directions according to manufacturer's directions

**7. Handbags and Quillows:****Standards:**

- Demonstrate skill for using equipment by constructing a single item in a class project
- Identify equipment and terminology used in fashion and apparel construction

- Apply appropriate terminology for identifying, comparing and analyzing the most common generic textile fibers

**Essential Question:**

- Students will be able to:
  - Demonstrate how following a set of directions impacts the outcome of their project

**Essential Knowledge:**

- Understand how to select a pattern and appropriate fabric
- Follow directions for pattern layout and cutting
- Sew a pattern following manufacturer's directions

