



Course Outcome Summary

Course Information: **Parents and Children**

Description: This course is designed to explore ideas and expectations about child development, parenting and families and children in our society. Learn about what to consider before pregnancy, prenatal care, the birth experience, care of infants and children, and the development and care of young children. Styles of parenting, family interaction, teen parenting, and family issues will also be covered. This course is an excellent choice if you plan to pursue a career in childcare, education, human services, medical field or working with children in any capacity. (This class provides an opportunity to experience the infant simulator, which is optional.)

Instruction Level: 9-12

Total Credits: 1 Credit

Prerequisites: None

Textbooks: Parents and Their Children, Verdene Ryder & Celia A Decker

Common Career and Technical Core:

1. Communicate and collaborate with others to accomplish tasks and develop solutions to problems and opportunities.
2. Identify and apply employability skills.
3. Assess benefits and challenges of working in diverse settings and on diverse teams.
4. Apply leadership skills in real-world, family, community and business and industry applications.

Family and Consumer Sciences Standards:

1. Analyze parenting roles across the life span
2. Analyze expectation and responsibilities of parenting
3. Analyze consequences of parenting practices to the individual, family and society
4. Explain cultural differences in roles and responsibilities of parenting
5. Explain nurturing practices that support human growth and development
6. Assess the effects of abuse and neglect on children and families and determine methods for preventions
7. Apply criteria for selecting care and service for children
8. Examine roles of support systems available in meeting early childhood growth and development needs, including children with handicaps or disadvantaging conditions
9. Analyze biological processes related to prenatal development, birth and health of child and mother

10. Analyze the emotional factors of prenatal development and birth in relations to the health of parents and child
11. Analyze implications of alternative to biological parenthood
12. Analyze legal and ethical impacts of current and emerging technology on fertility and family planning
13. Identify resources for positive guidance when caring for children
14. Identify the nutritional needs of children

College and Career Readiness Standards:

1. Locate important details in somewhat challenging passages
2. Paraphrase some statements as they are used in somewhat challenging passages
3. Infer a central idea in straightforward paragraphs in somewhat challenging literary narratives
4. Order sequences of events in somewhat challenging passages
5. Summarize key supporting ideas and details in somewhat challenging passages
6. Identify key assumption in a model

Unit

1. **Parenting roles**
2. **Human anatomy & conception**
3. **Birth defects, heredity and genes**
4. **Pregnancy, delivery options, and labor**
5. **Newborns to 2 year old development**

Unit Outlines

1. Parenting roles

Standards:

- Analyze parenting roles across the life span
- Analyze expectation and responsibilities of parenting
- Analyze consequences of parenting practices to the individual, family and society
- Explain cultural differences in roles and responsibilities of parenting
- Identify resources for positive guidance when caring for children

Essential Question:

- Students will be able to answer the question:
 - Why do we study children?

Essential Knowledge:

1. Why study children?
 - a. Discussing why we study children
2. Personal readiness for children
 - a. Are you ready for a child right now?

- b. What factors make someone ready?
3. Family life cycle
 - a. Beginning, developing, expanding, launching, empty nest, retirement
4. Types of families
 - a. Single family, blended, step, nuclear, extended
5. Types of parenting
 - a. Authoritarian, democratic, and permissive
6. Guiding good and bad behaviors
 - a. How to reward good behaviors
 - b. How to discipline bad behaviors and encourage good

2. Human Anatomy and Conception

Standards:

- Analyze implications of alternative to biological parenthood
- Analyze legal and ethical impacts of current and emerging technology on fertility and family planning
- Explain nurturing practices that support human growth and development

Essential Question:

- Students will be able to answer the question:
 - What are the steps to conception?
 - What events take place for conception?

Essential Knowledge:

What are the key concepts/vocabulary/ideas that students will have mastery of by the completion of the unit?

1. Review the reproductive organs
 - a. Male and female
2. Review birth control methods
3. Discuss how conception happens
4. Discuss infertility and options for having children
 - a. Surrogate mother
 - b. Implantation of fertilized eggs
 - c. Adoption options
 - i. Open vs closed

3. Heredity, genes and birth defects

Standards:

- Analyze implications of alternative to biological parenthood
- Analyze legal and ethical impacts of current and emerging technology on fertility and family planning
- Examine roles of support systems available in meeting early childhood growth and development needs, including children with handicaps or disadvantaging conditions

Essential Question:

- Students will be able to answer the question:
 - How do genetics determine characteristics?

Essential Knowledge:

1. Genetics and heredity
 - a. Dominant vs recessive genes
2. Birth defects research project
 - a. Students choose a birth defect and do a detailed research project on it and present their findings

4. Pregnancy, delivery and labor

Standards:

- Analyze biological processes related to prenatal development, birth and health of child and mother
- Analyze the emotional factors of prenatal development and birth in relations to the health of parents and child
- Analyze implications of alternative to biological parenthood
- Analyze legal and ethical impacts of current and emerging technology on fertility and family planning
- Explain nurturing practices that support human growth and development

Essential Question:

- Students will be able to answer the question:
 - How does growth of a baby and mother change during pregnancy?

Essential Knowledge:

1. Review of conception and how it leads into becoming pregnant and hormone changes
2. Breakdown of pregnancy by term, how the fetus grows, and how mothers body changes
 - a. 1st trimester
 - b. 2nd trimester
 - c. 3rd trimester
3. Teenage pregnancy
 - a. Social, emotions, physical changes experienced
4. How much a newborn really costs
5. Delivery options

- a. Mid-wife
 - b. Cesarean birth
 - c. Water birth
 - d. Different types of rooms in the hospital and delivery options
6. Stages of labor
- a. Stage 1 –dilation
 - b. Stage 2 – delivery
 - c. Stage 3 – afterbirth

5. Newborn to 2 year old development

Standards:

- Identify resources for positive guidance when caring for children
- Identify the nutritional needs of children
- Analyze the emotional factors of prenatal development and birth in relations to the health of parents and child
- Analyze biological processes related to prenatal development, birth and health of child and mother
- Apply criteria for selecting care and service for children
- Assess the effects of abuse and neglect on children and families and determine methods for preventions
- Explain nurturing practices that support human growth and development

Essential Question:

- Students will be able to answer the question:
 - How do children change from birth to 1 year olds?

Essential Knowledge:

1. Discuss how a baby develops from new born to 1 year old:
 - a. Physically
 - b. Emotionally
 - c. Socially
 - d. Cognitively
2. Nutritional needs
3. Teething
4. Shaken baby syndrome
5. SIDS
6. Abuse vs Neglect
7. How to deal with crying, anger, and frustrations with children