



Course Outcome Summary

Course Information: **Life Skills**

Description: Life Skills is a comprehensive course designed to develop basic living skills in foods, clothing management, consumer economics, child/human development, housing, parenting, and relations, career and family. Some of the activities in this class include food preparations), sewing , laundering, arranging furniture on a floor plan, check writing and balancing a checkbook, directing safety and care of children, discussing contemporary issues involving human development and family relations, improving study skills, and much more.

Instruction Level: 10-12

Total Credits: 1

Prerequisites: N/A

Textbooks: N/A

Course Standards:

- Identify the skills needed to work effectively alone, in groups, and in institutions
- Identify and analyze factors that influence a person's mental health
- Compare and describe similarities and differences in the ways various cultures define individual rights and responsibilities, including the use of rules, folkways, mores, and taboos

Unit

1. **Mental Health Self Care – Mr. Korson**
2. **Career, Employability and Vocational Skills**
3. **Adult Life Skills**
4. **Simple Fixes**
5. **Hidden Rules of Different Environments**

Unit Outlines

1. Mental Health Self Care – Mr. Korson

Standards:

- Identify and analyze factors that influence a person's mental health

Essential Question:

- What factors in my life affect my mental and emotional health?

Essential Knowledge:

- Students will understand how to cope with normal stresses of life.

2. Career, Employability and Vocational Skills

Standards:

- Identify the skills needed to work effectively alone, in groups, and in institutions

Essential Question:

- What technology and skills are needed to seek and find employment based on my interests and talents?

Essential Knowledge:

- Students will understand all of the steps necessary for finding and applying for employment.

3. Adult Life Skills

Standards:

- Identify the skills needed to work effectively alone, in groups, and in institutions

Essential Question:

- What skills are needed to be a positive and productive citizen in the community you live in?

Essential Knowledge:

- Students will be able to understand and explain the positive characteristics of being an adult.

4. Simple Fixes

Standards:

- Identify the skills needed to work effectively alone, in groups, and in institutions

Essential Questions:

- What knowledge is needed in order to solve common everyday challenges?

Essential Knowledge:

- Students will show knowledge of everyday fixes by completing 80% of the fixes taught in class.

5. Hidden Rules of Different Environments

Standards:

- Identify the skills needed to work effectively alone, in groups, and in institutions

Essential Questions:

- What knowledge is needed in order to understand the rules in different environments?

Essential Knowledge:

- Students will be able to describe appropriate behavior in 4 out of 5 scenarios.

